



# FOUNDATION

## AND THE **Rotary**



### **THE GOLDEN ROTARY CLUB LEARNING MORE ABOUT THE GOLDEN ROTARY GOLDEN ROTARY'S COMMUNITY WELLNESS FAIR**

The mental wellness work-group of Golden Rotary organized and sponsored a Community Wellness Fair which was held at Golden High School on April 28, 2018.

The Fair was designed to accomplish several objectives:

- Provide mental wellness resources for children and youth experiencing behavioral and emotional problems, their families, and the community at large.
- Raise community awareness of the seriousness of mental health problems, and their cost and effects on the entire community.
- Reduce the stigma associated with mental health problems, which inhibits treatment and reduces resources available to deal with such problems.

The Fair featured:

- Twelve classes given by mental health professionals on subjects such as anxiety, depression, substance use and abuse, bullying, and social media.
- A speaker well-known to school kids addressing mental health issues common to children.
- A Disney movie dealing with a child uprooted by her family's move to a new location.
- Entertainment, games, and food.
- Exhibits by over forty organizations.
- Numerous co-sponsors which included the City of Golden and Jefferson County Public Schools.

The Fair was free and open to the public; over 100 people attended.

Golden Rotary feels the Fair was a success by many measures, and we intend to produce it in similar form annually. We feel the Fair is the type of event around which the community can come together as part of an overall plan to deal with mental wellness issues. Broad segments of the community have been invited to participate going forward, and we have been pleased with the response.

Many thanks to two of our generous supporters of the Foundation Golf Tournament and Gala this summer in June:

**COLORADO SCHOOL OF MINES  
JEFFERSON CENTER**

### **VOLUNTEERS WANTED**

The Foundation Board is looking for interested volunteers to participate on the Board for The Foundation at Rolling Hills. Please contact Foundation Co-President, **Aimee Petri** for more information or if you are interested at [akpetri@gmail.com](mailto:akpetri@gmail.com).